

Setting the Scene

Directions: Read the imaginary situation below, then answer the questions that follow.

Situation: You have been dating someone over a long period of time. During this relationship you have sacrificed much. At times you have cheated and lied in order to protect this person. In the process, you have alienated both family and friends because you have devoted your time, energy, and affection exclusively to him/her. You have helped this person in numerous ways so that he/she has appeared knowledgeable, confident, and capable of handling any situation. But now, without warning or provocation, this person has ended the relationship with you in order to pursue someone else who is more popular than you and who comes from a prestigious family with wealth and connections that will be beneficial in your former companion's future. On top of everything else, this person has no remorse or sense of guilt over having betrayed you.

1. How would you describe your feelings when you first heard that your friend "dropped" you for someone else?
2. Several days have passed. Do you feel any differently? Explain.
3. To whom can you turn for comfort and support?
4. How do you feel towards your former companion's new friend? Do you blame this person for what has happened?
5. Have you thought of revenge? Why or why not?

6. What kind of revenge, if any, have you considered?

7. Would you like to punish anyone besides your former companion? Explain.

8. In reality, do you think you are capable of carrying out a plan of revenge? Why or why not?

9. What would the consequences of your revenge be, and would you be prepared to face them?

10. Are there any possible alternatives to revenge? Explain.