

BASIC MEASUREMENT SHEET

Name	
Character	

Date	
Phone	

Height		Remember, these sizes are just a place to start. They may not always be accurate given that different brands use different size scales. Having some basic measurements is essential, especially because many costumes for rent are not sized.
Weight		
Dress/Suit		
Shirt/Blouse		
Pants		

1	Neck	Measure around the base of the neck. Add 1/2" for men's dress shirt sizing.
2	Shirt sleeve	Measure level to the floor from center back between shoulder blades around bent elbow to wrist bone. Add 2-4" for men's dress shirt sizing.
3	Bicep	Helpful to have for many different body types.
4	Chest/Bust	Measure around the fullest point level with the floor.
5	Natural Waist	Measure around the smallest point level with the floor. Until recently, waistbands were most often worn at the natural waist.
6	Pants Waist	Always falls 3" below natural waist and is helpful to have for modern clothing and men's pants.
7	Low Hip	Measure around the fullest point of the bum or 9" below natural waist.
8	Inseam	Remember to add length to account for styling and heel height. The average measure from ankle to floor without shoes is 3".
9	Outseam	

